

HEALTH, BEAUTY & FITNESS

c)kin deep with Samantha Altea

A few of My Favorite Things.

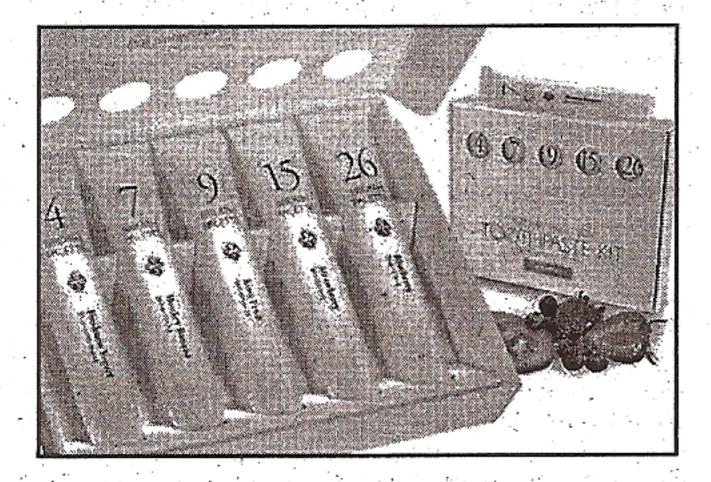
We've all heard about Oprah's "favorite things" show. She usually has one during the summer and then one close to the holidays. During the course of the show lady O gives away thousands of \$\$\$\$'s worth of gifts, and platforms all of her favorite products, "things" that she believes people simply should or would love to have. It's a lot of fun to watch and also gives one great ideas for holiday gifts. So with this in mind... what's good enough for Oprah...

Welcome to Sam's favorite things for the holidays:

There's just one difference between Oprah's and mine...one little snagette. I'm not giving anything away for free.

Rebecca Moss Pens:

Rebecca Moss pens are, funnily enough, one of



Oprah's favorite things. They rival the likes of Mont Blanc, but with more of a focus on design and originality. The pens are beautiful and when using them, you too feel beautiful, not to mention sophisticated and glamorous. I spoke with Sam Zagoory, the owner of Rebecca Moss, who said that, "In a world of computers it's nice to put a gorgeous pen to paper - it makes you feel gorgeous." According to Zagoory, who named his company after his late grandmother, Hamptonite Serena Bass is also a big fan of the pens, as well as Amagansett resident Kaye Leroy of Tavern

on the Green. The "Spirit" collection is my personal favorite Rebecca Moss. Spirit pens are stunning and very colorful. They have swirls of colors, from orange and black, to red, blue and brown. I have a stunning ivory colored roller-ball with a black swirl that makes me feel incredibly special when I use it. I'm even eager to write checks. Spirit collection pens start at \$150, but some of the collections go up to \$1,000. Get them at www.rebeccamoss.com.

A Goat:

(continued on next page)

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Skin (continued from previous page)

Yes, you heard me, a goat, or a pig, livestock in general, are the gift celebrities are giving this season. It's the quintessential gift that keeps on giving. From Susan Sarandon to Barbara Bush, all are giving livestock from Heifer International. But why, you might ask, and how?

Visit www.heifer.org; it's as easy as that! Buy livestock for needy families in over 30 countries, including the U.S. One can spend \$20 for a flock of chicks, while a Llama these days goes for \$150. But you can also purchase a share of an animal if you prefer (just make sure you don't get the tail – hee hee). Animals prove to be invaluable to families who use livestock to enhance their lives and have, in turn, pledged to pass on any offspring their animal should have to another needy family. What a feel-good gift for all involved. Buy an animal in someone's name and see how great you'll make them feel, as well as yourself. Go to www.heifer.org for more info.

Jaqua's Winter Wonderland Sleepover Kit:

In the Hamptons we all know the meaning of cold, winter days and nights, which means that this wonderland sleepover kit is a great gift for any little

princess who might like to pamper herself. Heck, they can even invite a gaggle of gals over and make a real sleepover party of it. There are invitations inside the kit, which also includes every goodie one might need, from Baked Apple Purifying Face Mask to a Mint Cocoa Invigorating Foot Scrub. \$25 (available at jaquabeauty.com)

Eshave:

This is a great site to visit for him. Eshave combines stunning design with wonderful and luxurious product. A fun stocking stuffer would be the five mini after shave creams in a variety of scents \$12. Or browse the incredibly stylishly designed eshave, brush razor and stand sets. (In all prices.)

Duncan Quinn cashmere jumpers:

Try giving "him" one of these fun and colorful sweaters. They are perfect for Hamptons winters, but with a British flair I certainly can't resist. Being a Brit an' all, I love the look and feel of these cozy, kooky cashmere jumpers. (Jumper – that's British for sweater.) \$600 at duncanquinn.com.

He'll get noticed in a crowd wearing one of these – not for the shrinking violet. He's confident and

secure.

Breath Palette:

I know it sounds weird, who would want breathanything as a gift? But this is different, honest. It's the perfect present for the person who has everything, or for those who might need to smile this holiday season. Give 31 mouth-watering toothpaste flavors, from Tropical Pineapple to Indian Curry flavor (no, really). Grape might add a sparkle to a smile, or L'Espresso flavor could give a kick start in the morning. www.breathpalette.com. What a fun and unique gift. 31 funky toothpaste flavors that will surely be the topic of conversation for weeks to come.

Chanel Fragrance Wardrobe 2005:

Every woman loves Chanel. Just the name conjures up sophistication and luxury. Give "her" a sample of all five Chanel fragrances in a handy gift set. The set contains Chanel's "most wanted" fragrances and lets your lovely lady experiment and play. \$75.

If you can't find the set in stores try www.gloss.com.

Happy Shopping, Happy Holidays and a very happy New Year. See you in 2006.